



# Certification in Narrative Focused Trauma Care<sup>®</sup> (NFTC)

Overview of Certification Process

# Narrative Focused Trauma Care<sup>®</sup> (NFTC)

An innovative approach to caring for people with stories of trauma and abuse that integrates psychology and theology

- Developed by Dr. Dan Allender and the Allender Center, NFTC emphasizes understanding and healing through engaging with personal and collective stories.
- NFTC aims to help individuals reclaim their traumatic experiences and restore a sense of wholeness and purpose by exploring their own narratives and the impact of trauma on their lives.



# Certification in NFTC

The Allender Center provides a process by which an individual may become certified in Narrative Focused Trauma Care (NFTC Certified).

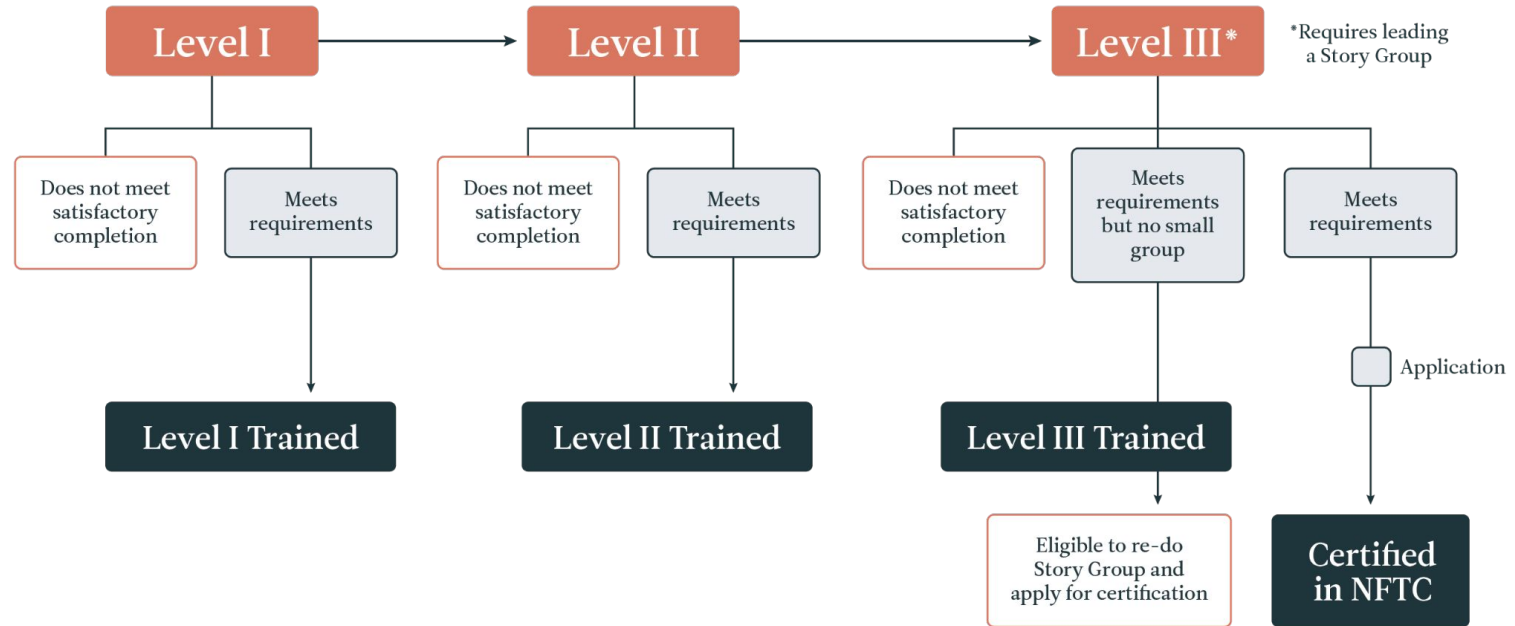
To be eligible for Certification, you must complete the NFTC training curriculum (Levels I, II, and III) and submit an application that includes a letter of recommendation from your Level III Facilitator at the Allender Center, as well as from two people who took part in a small group you led.

The NFTC Certified designation means that, at the time of award, a review committee at the Allender Center determined that you demonstrated the knowledge and skills appropriate to use the NFTC approach, such as:

- Offering attuned care and containment when working with groups, and creating an environment that facilitates deeper understanding of story
- Identifying and responding to various group dynamics - particularly the reenactment of stories in group
- Leading through relational ruptures within a story group and moving toward repair and restoration



# NFTC Training: Designations & Certification Pathway



# Benefits of Certification in NFTC

Obtaining certification in NFTC offers valuable benefits for clinicians, coaches, ministry leaders and other helping professionals who seek to deepen their expertise in trauma-informed care:

- You can be listed on the [NFTC Directory](#) as ‘NFTC Certified’.
- You would be eligible to Facilitate and teach for the Allender Center workshops and trainings.
- You can use the title “**NFTC Certified**” on personal advertising, business websites, resumes, and social media.
- Your Certification demonstrates your commitment to personal development and excellence in providing trauma-informed care.

# Fees

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Application fee: \$150



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*Updated Feb 2025*



You can also email  
[certification@theallendercenter.org](mailto:certification@theallendercenter.org)  
with questions about becoming Certified  
in Narrative Focused Trauma Care.